

Por-no – Song of Songs

Most porn-eia is committed in our marriages...saying no to our spouse physically.

Why do we battle failure in this area?

Song of Songs 2:15 *“Catch for us the foxes, the little foxes that ruin the vineyards, our vineyards that are in bloom.”*

1) We play with fire...sex is flammable.

Flirting, eye gouging, emotional sharing leads to liar, liar, pants on fire!

Magazines, movies, dot.com

Matthew 5:27, *“You’ve heard that it was said, Do not commit adultery, but I tell you that anyone who looks at a woman lustfully has already committed adultery with her”.*

Your mind is where you win...you have to say no.

2) We are getting no help!

At church, from leaders, pop ups, pants off dance off...

Erosion takes place, in the mind, heart, eyes, emotions...

3) We don’t take care of ourselves!

Song of Songs 1:6 *“But I have not taken care of my own (body) vineyard.”*

4) We are complex creatures!!!

We have different requests

Men- Keep it simple with Baseball Terms

#1 Throw the change up!! (Creativity)

You are still wearing the same t shirts

Song of Songs 1:16-17 *“Our bed is verdant.”* (Covered with plants)

Cedar paneled her bedroom (house means bedroom)

Romance for most men equals repetition! Wrong!!

#2 First base...(Intiate)

Romance is the atmosphere...sex is the event.

Ill. Typical date before marriage

Dress sharp, shower, breath mints, shave, cologne, tell your buddies about her

Song of Solomon 2:10 *“Arise my darling and come with me.”*

Date your mate!!! Double dating went out with the prom.

We can’t afford sitters, movie and dinner...be creative...structure your budget/sell a toy

#3 Watch the Runner Signs (Most are meaningless)

Webster defines Impractical as : Romantic

Song of Song 7:11 *“Come, my lover, let us go to the countryside, let us spend the night in the villages.”*

In Hebrew that means let’s go to a bed and breakfast.

Song 1:11 *“We will make you earrings of gold, studded with silver.”*

#4 Give the Good Game (Compliment her)

Privately and Publicly – some things you tell people in public your wife has never heard in private!

Here is some compliments!

Make a list Song of Solomon Chapter 4-5:1

1)Your eyes- contributes to beauty

Clear and pure

Like doves – peaceful

2)Hair – like goats

Flowing, beautiful scene of a flock of goats grazing the hillside

3)Teeth – sheep

White, clean, teeth are used for chewing

4)Lips – scarlet ribbon

A sign of health, strength, paleness is weakness

5)Temples or cheeks – pomegranates

When cut into the have rich veins and specks like a blushed human face

Humility or modesty usually causes blushing.

6) Neck – tower of David

David is the blood line of Christ

The neck connects the Head (Jesus) to the body.

7)Breast – two fawns

You know what fawns spend their time doing, frolicking

8)No flaw – he didn't miss a thing

That's a start!

Women

#1 Want Him

Shulamite was aggressive

6:13-7:1-10 He knew everything about her....

Little clothing and danced!

What part of your life should honor God?

You should honor God with you love making too...Conflict stops it!

Song of Songs 5:2-3

Conflicts start with Rejection – vs. 2 “Open to me”

She has a headache – vs. 3

I am more important than you.

Rejection by locking the door.

What door have locked on your spouse.

Ill. Communication-I would get up and leave during an argument.

Tips for avoiding conflict

1)Never raise your voice.

2)Don't call names.

3)Never touch your mate in anger.

4)Don't walk away.

5)Don't freeze out your mate

6)Don't use the kids.

- 7) Don't conflict angrily in front of the kids.
- 8) Don't get historical. – I remember when you....
- 9) Don't use your in-laws or parents-don't go over to your parents house in argument.
- 10) Don't reason with a hurt mate. – see you should listen me
- 11) Never talk outside.
- 12) Don't embarrass your mate in public.
- 13) Listen!

Conflicts ending begins with Repentance – 6:3

Repentance means change.

Don't keep trying the same old tricks.

Don't say I am sorry

Conflicts must have Resolution – 6:5

Be nice (sharing the same things you did before)

This causes your spouse to respond to the issue not you.

Conflicts must have Reconciliation – 6:11

Everything was good.

#2 Be Available

She didn't have a headache

Ill. Bring a glass of water and aspirin to the bedroom... What's this for? I don't have a headache

1 Cor. 7:4-5

When you tell your spouse no, no, no you are breaking fellowship with the Father.

Ill. 24 hour rule – schedule within 24 hours when you will be together.

Sex is worship... Rom. 12:1-2 *“Offer your bodies as living sacrifices...”*

How do we know this? God created it for you to understand love.

You will worship during sex or worship sex... leads to porn and privacy.

This keeps your man secure and safe.

Lack of sex puts your man in a troubled situation

No should be the exception... not the rule.

#3 Be Creative

Song 7:13 *“The mandrakes send out their fragrance, and at our door is every delicacy, both new and old, that I have stored up for you, my lover.”*

Old and New – be creative

They go out and make love in the woods!

You wouldn't serve the same old frozen dinner every night would you.

#4 Be Exclamatory

Song 1:16 *“How handsome you are, my lover! Oh, how charming!”*

2 Rules of Sexuality –

1) It's God Given

2) It's only a gift in the marriage bed!

Speak what you desire in this beautiful thing called sex.

How do we keep the marriage bed fed?

1) Walk with God!!

A God walk will make your sex rock!!

Don't think it will be better somewhere else...that is the lie.

2) Be realistic

Don't begin to think that your are above failing...David, Judah, Solomon

Stay away from the cliff...

Ill. I love their wings

3) Perform Surgery

Protective codes, internet checks, go to be at the same time

4) Have sex regularly!